

# MENS GBPF POWERLIFTING RECORDS

Class	59	66	74	83	93	105	120	120+
Squat		<b><u>Blake Davies</u></b> 145kg 23/11/2019	<b><u>Ben Allen</u></b> 200kg 24/03/2018	<b><u>Max NG</u></b> 220kg 24/02/2024	<b><u>Sean-Paul MacKenzie</u></b> 255kg 23/03/2019	<b><u>Max Taberham</u></b> 235kg 25/03/2018	<b><u>Joshua Lowe</u></b> 220kg 24/02/2023	<b><u>Dakwan Elfizgha</u></b> 270kg 25/03/2018
Bench		<b><u>Sean Saw</u></b> 110kg 23/11/2019	<b><u>Ollie Walker</u></b> 137.5kg 23/03/2019	<b><u>Brandon Ring</u></b> 142.5kg 25/02/2023	<b><u>Jonathan Forsythe</u></b> 145kg 04/04/2022	<b><u>Max Taberham</u></b> 152.5kg 25/03/2018	<b><u>Joshua Lowe</u></b> 152.5kg 24/02/2023	<b><u>Dakwan Elfizgha</u></b> 160kg 25/03/2018
Deadlift		<b><u>Blake Davies</u></b> 195kg 23/11/2019	<b><u>Zechi Gan</u></b> 235kg 27/05/2018	<b><u>Max NG</u></b> 260kg 24/02/2024	<b><u>Sean-Paul MacKenzie</u></b> 290kg 23/03/2019	<b><u>Max Taberham</u></b> 277.5kg 25/03/2018	<b><u>Joshua Lowe</u></b> 265kg 24/02/2023	<b><u>Dakwan Elfizgha</u></b> 292.5kg 25/03/2018
Total		<b><u>Blake Davies</u></b> 442.5kg 23/11/2019	<b><u>Zechi Gan</u></b> 535kg 27/05/2018	<b><u>Max NG</u></b> 607.5kg 24/02/2024	<b><u>Sean-Paul MacKenzie</u></b> 685kg 23/03/2019	<b><u>Max Taberham</u></b> 665kg 25/03/2018	<b><u>Joshua Lowe</u></b> 637.5kg 24/02/2023	<b><u>Dakwan Elfizgha</u></b> 722.5kg 25/03/2018

# WOMENS GBPF POWERLIFTING RECORDS

Class	47	52	57	63	69	76	84	84+
Squat	<b><u>Elena Wolfson</u></b> 77.5kg 24/02/2023	<b><u>Sophie Hadjineophytou</u></b> 100kg 21/01/2023	<b><u>Hannah Hickinbotham</u></b> 117.5kg 14/04/2019	<b><u>Tara Pigott</u></b> 132.5 30/10/2019	<b><u>Téa Clark</u></b> 115kg 25/11/2023	<b><u>Kate Pattison</u></b> 142.5kg 13/04/2019	<b><u>Jessie Tatchell</u></b> 130kg 03/12/2017	<b><u>Haneefah Abdul</u></b> 145kg 24/02/2024
Bench	<b><u>Elena Wolfson</u></b> 62.5kg 25/11/2023	<b><u>Sophie Hadjineophytou</u></b> 57.5kg 21/01/2023	<b><u>Hannah Hickinbotham</u></b> 70kg 14/04/2019	<b><u>Tara Pigott</u></b> 85kg 30/10/2019	<b><u>Dhyana Sehmar</u></b> 82.5kg 24/02/2024	<b><u>Kate Pattison</u></b> 72.5kg 13/04/2019	<b><u>Jessie Tatchell</u></b> 80kg 03/12/2017	<b><u>Nicole Rodney</u></b> 70kg 21/11/2021
Deadlift	<b><u>Nicole Lim</u></b> 112.5kg 13/04/2019	<b><u>Sophie Hadjineophytou</u></b> 142.5kg 21/01/2023	<b><u>Hannah Hickinbotham</u></b> 140kg 14/04/2019	<b><u>Tara Pigott</u></b> 155kg 30/10/2019	<b><u>Téa Clark</u></b> 152.5kg 25/11/2023	<b><u>Kate Pattison</u></b> 170kg 13/04/2019	<b><u>Jessie Tatchell</u></b> 127.5kg 03/12/2017	<b><u>Nicole Rodney</u></b> 155kg 21/11/2021
Total	<b><u>Elena Wolfson</u></b> 232.5kg 25/11/2023	<b><u>Sophie Hadjineophytou</u></b> 300kg 21/01/2023	<b><u>Hannah Hickinbotham</u></b> 327.5kg 14/04/2019	<b><u>Tara Pigott</u></b> 372.5 30/10/2019	<b><u>Téa Clark</u></b> 332.5kg 25/11/2023	<b><u>Kate Pattison</u></b> 385kg 13/04/2019	<b><u>Jessie Tatchell</u></b> 332.5kg 03/12/2017	<b><u>Nicole Rodney</u></b> 347.5kg 21/11/2021