

MENS GBPF POWERLIFTING RECORDS

Class	59	66	74	83	93	105	120	120+
Squat		Blake Davies 145kg 23/11/2019	Ben Allen 200kg 24/03/2018	Max NG 220kg 24/02/2024	Sean-Paul MacKenzie 255kg 23/03/2019	Max Taberham 235kg 25/03/2018	Joshua Lowe 220kg 24/02/2023	Dakwan Elfizgha 270kg 25/03/2018
Bench		Sean Saw 110kg 23/11/2019	Ollie Walker 137.5kg 23/03/2019	Brandon Ring 142.5kg 25/02/2023	Jonathan Forsythe 145kg 04/04/2022	Max Taberham 152.5kg 25/03/2018	Joshua Lowe 152.5kg 24/02/2023	Dakwan Elfizgha 160kg 25/03/2018
Deadlift		Blake Davies 195kg 23/11/2019	Zechi Gan 235kg 27/05/2018	Max NG 260kg 24/02/2024	Sean-Paul MacKenzie 290kg 23/03/2019	Max Taberham 277.5kg 25/03/2018	Joshua Lowe 265kg 24/02/2023	Dakwan Elfizgha 292.5kg 25/03/2018
Total		Blake Davies 442.5kg 23/11/2019	Zechi Gan 535kg 27/05/2018	Max NG 607.5kg 24/02/2024	Sean-Paul MacKenzie 685kg 23/03/2019	Max Taberham 665kg 25/03/2018	Joshua Lowe 637.5kg 24/02/2023	Dakwan Elfizgha 722.5kg 25/03/2018

WOMENS GBPF POWERLIFTING RECORDS

Class	47	52	57	63	69	76	84	84+
Squat	Elena Wolfson 77.5kg 24/02/2023	Sophie Hadjineophytou 100kg 21/01/2023	Hannah Hickenbotham 117.5kg 14/04/2019	Tara Pigott 132.5 30/10/2019	Alice Baker 132.5kg 06/10/2024	Kate Pattison 142.5kg 13/04/2019	Jessie Tatchell 130kg 03/12/2017	Haneefah Abdul 145kg 24/02/2024
Bench	Elena Wolfson 62.5kg 25/11/2023	Sophie Hadjineophytou 57.5kg 21/01/2023	Hannah Hickenbotham 70kg 14/04/2019	Tara Pigott 85kg 30/10/2019	Alice Baker 90kg 06/10/2024	Kate Pattison 72.5kg 13/04/2019	Jessie Tatchell 80kg 03/12/2017	Nicole Rodney 70kg 21/11/2021
Deadlift	Nicole Lim 112.5kg 13/04/2019	Sophie Hadjineophytou 142.5kg 21/01/2023	Hannah Hickenbotham 140kg 14/04/2019	Tara Pigott 155kg 30/10/2019	Alice Baker 157.5kg 06/10/2024	Kate Pattison 170kg 13/04/2019	Jessie Tatchell 127.5kg 03/12/2017	Nicole Rodney 155kg 21/11/2021
Total	Elena Wolfson 232.5kg 25/11/2023	Sophie Hadjineophytou 300kg 21/01/2023	Hannah Hickenbotham 327.5kg 14/04/2019	Tara Pigott 372.5 30/10/2019	Alice Baker 380kg 06/10/2024	Kate Pattison 385kg 13/04/2019	Jessie Tatchell 332.5kg 03/12/2017	Nicole Rodney 347.5kg 21/11/2021