

# MENS GBPF POWERLIFTING RECORDS

Class	59	66	74	83	93	105	120	120+
Squat		<b>Blake Davies</b> 145kg 23/11/2019	<b>Ben Allen</b> 200kg 24/03/2018	<b>Max NG</b> 220kg 24/02/2024	<b>Sean-Paul MacKenzie</b> 255kg 23/03/2019	<b>Max Taberham</b> 235kg 25/03/2018	<b>Joshua Lowe</b> 220kg 24/02/2023	<b>Dakwan Elfizgha</b> 270kg 25/03/2018
Bench		<b>Sean Saw</b> 110kg 23/11/2019	<b>Ollie Walker</b> 137.5kg 23/03/2019	<b>Brandon Ring</b> 142.5kg 25/02/2023	<b>Jonathan Forsythe</b> 145kg 04/04/2022	<b>Max Taberham</b> 152.5kg 25/03/2018	<b>Joshua Lowe</b> 152.5kg 24/02/2023	<b>Dakwan Elfizgha</b> 160kg 25/03/2018
Deadlift		<b>Blake Davies</b> 195kg 23/11/2019	<b>Zechi Gan</b> 235kg 27/05/2018	<b>Max NG</b> 260kg 24/02/2024	<b>Sean-Paul MacKenzie</b> 290kg 23/03/2019	<b>Max Taberham</b> 277.5kg 25/03/2018	<b>Joshua Lowe</b> 265kg 24/02/2023	<b>Dakwan Elfizgha</b> 292.5kg 25/03/2018
Total		<b>Blake Davies</b> 442.5kg 23/11/2019	<b>Zechi Gan</b> 535kg 27/05/2018	<b>Max NG</b> 607.5kg 24/02/2024	<b>Sean-Paul MacKenzie</b> 685kg 23/03/2019	<b>Max Taberham</b> 665kg 25/03/2018	<b>Joshua Lowe</b> 637.5kg 24/02/2023	<b>Dakwan Elfizgha</b> 722.5kg 25/03/2018

# WOMENS GBPF POWERLIFTING RECORDS

Class	47	52	57	63	69	76	84	84+
Squat	<b>Elena Wolfson</b> 77.5kg 24/02/2023	<b>Sophie Hadjineophytou</b> 100kg 21/01/2023	<b>Hannah Hickenbotham</b> 117.5kg 14/04/2019	<b>Tara Pigott</b> 132.5 30/10/2019	<b>Dhyana Sehmar</b> 125kg 18/04/2024	<b>Kate Pattison</b> 142.5kg 13/04/2019	<b>Jessie Tatchell</b> 130kg 03/12/2017	<b>Haneefah Abdul</b> 145kg 24/02/2024
Bench	<b>Elena Wolfson</b> 62.5kg 25/11/2023	<b>Sophie Hadjineophytou</b> 57.5kg 21/01/2023	<b>Hannah Hickenbotham</b> 70kg 14/04/2019	<b>Tara Pigott</b> 85kg 30/10/2019	<b>Dhyana Sehmar</b> 87.5kg 18/04/2024	<b>Kate Pattison</b> 72.5kg 13/04/2019	<b>Jessie Tatchell</b> 80kg 03/12/2017	<b>Nicole Rodney</b> 70kg 21/11/2021
Deadlift	<b>Nicole Lim</b> 112.5kg 13/04/2019	<b>Sophie Hadjineophytou</b> 142.5kg 21/01/2023	<b>Hannah Hickenbotham</b> 140kg 14/04/2019	<b>Tara Pigott</b> 155kg 30/10/2019	<b>Téa Clark</b> 152.5kg 25/11/2023	<b>Kate Pattison</b> 170kg 13/04/2019	<b>Jessie Tatchell</b> 127.5kg 03/12/2017	<b>Nicole Rodney</b> 155kg 21/11/2021
Total	<b>Elena Wolfson</b> 232.5kg 25/11/2023	<b>Sophie Hadjineophytou</b> 300kg 21/01/2023	<b>Hannah Hickenbotham</b> 327.5kg 14/04/2019	<b>Tara Pigott</b> 372.5 30/10/2019	<b>Dhyana Sehmar</b> 350kg 18/04/2024	<b>Kate Pattison</b> 385kg 13/04/2019	<b>Jessie Tatchell</b> 332.5kg 03/12/2017	<b>Nicole Rodney</b> 347.5kg 21/11/2021