

WOMENS GBPF POWERLIFTING RECORDS

Class	47	52	57	63	69	76	84	84+
Squat	<u>Elena Wolfson</u> 77.5kg 24/02/2023	<u>Sophie Hadjineophytou</u> 100kg 21/01/2023	<u>Hannah Hickinbotham</u> 117.5kg 14/04/2019	<u>Tara Pigott</u> 132.5 30/10/2019	<u>Dhyana Sehmar</u> 137.5kg 07/12/2024	<u>Kate Pattison</u> 142.5kg 13/04/2019	<u>Jessie Tatchell</u> 130kg 03/12/2017	<u>Haneefah Abdul</u> 145kg 24/02/2024
Bench	<u>Elena Wolfson</u> 62.5kg 25/11/2023	<u>Sophie Hadjineophytou</u> 57.5kg 21/01/2023	<u>Hannah Hickinbotham</u> 70kg 14/04/2019	<u>Tara Pigott</u> 85kg 30/10/2019	<u>Dhyana Sehmar</u> 112.5kg 16/02/2025	<u>Kate Pattison</u> 72.5kg 13/04/2019	<u>Jessie Tatchell</u> 80kg 03/12/2017	<u>Nicole Rodney</u> 70kg 21/11/2021
Deadlift	<u>Nicole Lim</u> 112.5kg 13/04/2019	<u>Sophie Hadjineophytou</u> 142.5kg 21/01/2023	<u>Hannah Hickinbotham</u> 140kg 14/04/2019	<u>Tara Pigott</u> 155kg 30/10/2019	<u>Dhyana Sehmar</u> 160kg 07/12/2024	<u>Kate Pattison</u> 170kg 13/04/2019	<u>Jessie Tatchell</u> 127.5kg 03/12/2017	<u>Nicole Rodney</u> 155kg 21/11/2021
Total	<u>Elena Wolfson</u> 232.5kg 25/11/2023	<u>Sophie Hadjineophytou</u> 300kg 21/01/2023	<u>Hannah Hickinbotham</u> 327.5kg 14/04/2019	<u>Tara Pigott</u> 372.5 30/10/2019	<u>Dhyana Sehmar</u> 402.5kg 07/12/2024	<u>Kate Pattison</u> 385kg 13/04/2019	<u>Jessie Tatchell</u> 332.5kg 03/12/2017	<u>Nicole Rodney</u> 347.5kg 21/11/2021